



# Get care 24/7

See a doctor from the comfort of your own home – or anywhere else for that matter. Safe and secure, it's the quality care you need, made easier.

## What is Telemedicine?

Telemedicine, also called telehealth, is an **alternative to in-person visits**. It allows healthcare professionals to evaluate, diagnose and treat patients at a distance via secure video/audio connections.

With Blue Cross and Blue Shield of Kansas coverage, you can **visit live with a doctor** on your computer or mobile device when it's **convenient for you**.

If you are in need of telemedicine services, call your doctor first. If your doctor does not provide this service, call toll-free 844-733-3627 to see what other telemedicine options may be available to you.

## Patient benefits:

- » Less time away from work
- » No travel expenses or time
- » Easier if you have a child or elder in your care
- » Privacy
- » No exposure to other potentially contagious patients

## When can I use it?

Consult a doctor for common conditions like:

- » Cold/Flu
- » Fever
- » Rash
- » Sinus infection
- » Pink eye
- » Ear infection
- » Behavioral health