

# TAKE CONTROL OF YOUR HEALTH



TALK TO A MEDICATION EXPERT

## TRIA HEALTH

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If you're looking for a convenient way to get personalized medication advice from a pharmacist, Tria Health is a free benefit available through your health insurance. Tria Health's pharmacists will review your medications, lifestyle, and any preventative services you may need, and create a custom care plan. Plus, depending on your health condition, you may even receive a free remote monitoring device. And of course, all of your information is kept secure and confidential, as Tria Health is HIPAA compliant.

Tria Health is recommended for members who have any of the following conditions:

- Asthma/COPD
- Diabetes
- Heart Disease
- High Blood Pressure
- High Cholesterol
- Mental Health
- Migraines
- Osteoporosis

Pharmacists are the experts in how medications work and can provide valuable feedback to you and your doctor(s). Your Tria Health pharmacist can help:

- Make sure your medications are working as intended.
- Help you save money - Tria saves patients an average \$250 per year!
- Answer any questions you have about your health.
- Coordinate care with your doctor(s) - Over 95% of recommendations made by Tria Health were accepted by an individual's physician.

## THE BENEFITS OF CALLING TRIA HEALTH



### MEDICATION DISCOUNTS

Active participants will receive free generics and reduced costs on select brand medications used to treat targeted chronic conditions.



### DIABETES METER

Active participants with diabetes will have access to a FREE blood glucose meter and testing supplies.



### CARE COORDINATION

After talking with your Tria Health pharmacist, they'll reach out and coordinate any recommendations directly with your doctor(s).

## READY TO GET STARTED?

We understand that not everyone may be aware of our services, so we are actively reaching out to potential patients via phone, email, and mail.

However, even if someone does not receive any of our outreach, they may still qualify for our services. We encourage individuals to be proactive and sign up for our services

SCHEDULE YOUR FREE  
MEDICATION REVIEW TODAY!



ONLINE

[www.triahealth.com/schedule](http://www.triahealth.com/schedule)



OVER THE PHONE

1.888.799.8742