

# Get care 24/7

Telehealth services allow you to get care whenever you need it.

Blue Cross members have access to virtual care services through their own network provider or Amwell®. Amwell is convenient, affordable, private and secure.

## Virtual care options

Telehealth through Amwell isn't meant to replace your primary care provider (PCP). Amwell is designed to provide care for non-emergency services when your PCP isn't available, after hours or on the weekend.

Ask your doctor about their virtual visit options. Virtual visits are covered the same as in-office visits under your Blue Cross plan.

## Patient benefits:

- Available 24/7/365
- Less time away from work
- No travel expenses or time
- Easier if you have a child or elder in your care
- Private and secure
- No exposure to other potentially contagious patients

## When can I use it?

Consult a doctor and get prescriptions sent to the pharmacy of your choice for common conditions like:

- Cold or flu
- Fever
- Rash
- Sinus infection
- Pink eye
- Ear infection

## Behavioral health services

Licensed therapists can provide advice and counseling for depression, anxiety, stress, relationship issues and more. Private and secure appointments are available through Amwell seven days a week, 6:00 a.m. to 10:00 p.m. CST.

## Can my family use Amwell?

Yes, if your spouse and/or children are covered under your Blue Cross plan.



Register for Amwell – for free!  
[bcbsks.com/telehealth](https://bcbsks.com/telehealth)

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1133 SW Topeka Blvd, Topeka, KS 66629